

+ **SIZE CHART****MEN**

| | XS | S | M | L | XL | XXL | XXXL |
|------------|-----------|----------|----------|----------|-----------|------------|-------------|
| chest | 87 | 93 | 99 | 105 | 111 | 117 | 123 |
| waist | 77 | 83 | 89 | 95 | 101 | 107 | 113 |
| hips | 87 | 93 | 99 | 105 | 111 | 117 | 123 |
| sleeve | 73 | 75 | 77 | 79 | 81 | 83 | 85 |
| shoulder | 73 | 75 | 77 | 79 | 81 | 83 | 85 |
| inside leg | 76 | 78 | 80 | 82 | 84 | 86 | 88 |
| neck | 35 | 37 | 39 | 41 | 43 | 45 | 47 |

WOMEN

| | XXS | XS | S | M | L | XL | XXL |
|------------|------------|-----------|----------|----------|----------|-----------|------------|
| chest | 70 | 76 | 82 | 88 | 94 | 100 | 106 |
| waist | 54 | 60 | 66 | 72 | 78 | 84 | 90 |
| hips | 79 | 85 | 91 | 97 | 103 | 109 | 115 |
| sleeve | 54 | 56 | 58 | 60 | 62 | 64 | 66 |
| shoulder | 73 | 75 | 77 | 79 | 81 | 83 | 85 |
| inside leg | 74 | 76 | 78 | 80 | 82 | 84 | 86 |
| neck | 30 | 32 | 34 | 36 | 38 | 40 | 42 |

The size chart is in centimetres (1 inch = 2.54 cm).

This size chart refers to the body measurements and is only a guide to find the correct size.

The measurements between the Cintamani styles may vary since each item has a particular fit.

HOW TO MEASURE:

Dress lightly and stand in a relaxed position. Let the arms hang loosely. The tape measure should lie close, but not tight, to the body. Make sure the tape measure lies horizontally around the body. Obtain assistance for greater accuracy.

Chest:

Measure over the widest part of the chest, just below the armpit.

Waist:

Measure over the smallest part of waist.

Hips:

Measure over the widest part of the hips.

Sleeve + shoulder:

Measure from the neck line to shoulder and down to the wrist, with the arm in a relaxed position.

Inside leg:

Measure from crotch to heel, standing straight.

